

DR AMBEDKAR GOVERNMENT ARTS COLLEGE (AUTONOMOUS)

VYASARPADI , CHENNAI 600039



CRITERIA 7.2

BEST PRACTICES

2020-2021

S. NO	BEST PRACTICES
1	SUPPORTING “EARN WHILE YOU LEARN” INITIATIVES TO PREVENT STUDENT DROP OUT AND INCREASE STUDENT ENROLMENT
2	PROMOTING GENDER EQUITY THROUGH SPORTS
3	PROMOTION OF MARTIAL ARTS (SILAMBAM) AS A REINVENTED SPORT AND CHANNEL OF SELF DEFENCE
4	PROMOTING COMMUNITY SERVICE THROUGH MULTIFARIOUS EXTENSION ACTIVITIES

AMBEDKAR GOVERNMENT ARTS COLLEGE (AUTONOMOUS)

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BEST PRACTICES 2020-2021

BEST PRACTICE -1

1. TITLE OF THE PRACTICE: **SUPPORTING" EARN WHILE YOU LEARN" INITIATIVES TO PREVENT STUDENT DROP OUT AND INCREASE STUDENT ENROLMENT"**

2. Objectives of the Practice

1. To prevent student drop outs.
2. To encourage more student enrolment, especially girls.

3. The Context

More than 90 percent of students in the institution which is situated at North Chennai hail from economically challenging backgrounds and are first generation learners. Hence many students are engaged in part time jobs to support their academic endeavours as well as house hold needs. An online survey conducted showed that 262 students were engaged in part time jobs.

4. The Practice

In order to help students “ **EARN TO LEARN AND LEARN TO EARN** ,the college provides a congenial teaching and learning environment and faculty make every effort to encourage students to balance their time between learning and part time job through sound mentorship and counselling them on time and money management. Students are guided with provision of study material to help them understand their lessons better. Faculty are also engaged in conducting special classes to help students achieve better academic scores

5. Evidence of Success

There are less than 10% dropouts since students are financially self- sufficient. There has been an increase in enrolment during the past five years from 2291 students in 2016 to 3000 students in 2021.

6. Problems Encountered and Resources Required

Some students who work over time find it hard to perform well in continuous assessments. A few students who are engaged in part time jobs fail to be punctual for morning classes. Students are advised to make necessary changes in the part time work schedule so that they are regular and punctual to classes. Also they are advised to make full use of learning material that is available for their study and attend special classes arranged for upgrading their academic scores.

BEST PRACTICE -2

TITLE OF THE PRACTICE: **PROMOTION OF GENDER EQUITY THROUGH SPORTS**

1. Objectives of the Practice

1. To promote gender equity through sports where both boys and girls are given equal opportunities and facilities to excel.
2. To ensure overall health and wellbeing of students through participation in sports and physical activity

2. The Context

Women's empowerment holds the key to the development of any society and ensuring gender equity is the crux of the matter. In order to empower the girls and foster gender equity Dr.Ambedkar Government Arts College, Vyasarpadi lays special emphasis on sports. Physical activity is the need of the hour to ensure overall health and wellbeing.

Particularly in college girls, sports and physical activity could pave the way for healthy motherhood which is pivotal for a healthy society. North Chennai, where the college is situated is famous for sports such as football, boxing and chess among all other types of sports. Various events are organised and students, both boys and girls are encouraged to participate to help them channelize their energy in the right direction, this would also prevent unnecessary diversion and distractions common to this age group.

3. The Practice

The Physical Education Department meticulously plans all sports activities to ensure that both boys and girls have equal opportunities to participate in physical activities to showcase their skills and talents. Both intra mural and extra mural activities are conducted and awards are given to boys and girls. This has encouraged several girls, especially from traditional families to

spread their wings to experience the joy of participation and pleasure of victory in various sports.

I. Extramural activities

Madras university B zone women chess Tournament took place on 8th and 9th August 2019 an event hosted at Dr Ambedkar Government Arts College, Vyasarpadi, Chennai 600039. In total there were over 29 teams and more than 170 girls participated.

Results of the Tournament

First place	–	Ethiraj College For women
Second place	–	Womens Christian College
Third place	–	Sri Muthukumaran College for Women



Achievements

1. R Jayasuriya from BBA II year participated in All India Inter University Boxing tournament held during the year 2019.
2. R Jayasuriya from BBA III year participated in All India Inter University Boxing tournament held during the year 2020.



3. State level football 4th place @ DRBCC HINDU College Pattabiram Chennai 2020



GENDER EQUITY THROUGH SPORTS

I - Points Table Intramural Games 2018 -19 (MEN)

Department	Volley ball	Chess	Carrom	Kho kho	Foot ball	Kabaddi	Cricket	Total
BBA			10	10		10	6	36
Commerce	6		6	2			10	24
Defense		10	2	6		6		24
Economics	10	2			10			22
Tamil		6	2					8
Zoology		2			6			8
Chemistry	2				2			4
Com Science				2		2		4
Botany	2							2
Physics					2		2	4
Statistics						2		2
Viscom							2	2
Psychology								-
Nutrition								-
English								-
Maths								-

II - Points table Intramural Games 2018 -19 (Women)

Department	Throwball	Chess	Carrom	Kho Kho	Tennikoit	Total
Commerce		2		6	10	18
Com science	10	6		2		18
English				10	6	16
Defense		10	2	2		14
BBA			10			10
Maths	6				2	8
Economics	2		6			8
Physics	2	2				4
Psychology			2			2
Statistics					2	2
Zoology						-
Botany						-
Chemistry						-
Nutrition						-
Viscom						-
Tamil						-

III . INTRAMURAL RESULTS MEN – 2019 - 20

S NO	GAME	WINNER	RUNNER
1	CARROM	ENGLISH	BBA
2	CHESS	DEFENSE	ECONOMICS
3	FOOTBALL	PSYCHOLOGY	HOME SCIENCE
4	CRICKET	COMMERCE	BBA
5	KHO KHO	DEFENSE	CHEMISTRY
6	KABADDI	STATISTICS	PHYSICS
7	VOLLEYBALL	TAMIL	ECONOMICS
8	TT	COMMERCE	BBA

INTRAMURAL RESULTS WOMEN – 2019 - 20

S NO	GAME	WINNER	RUNNER
1	CARROM	BBA	DEFENSE
2	CHESS	ENGLISH	COM SCIENCE
3	FOOTBALL	DEFENCE	COM SCIENCE
4	TENNIKOIT	DEFENCE	BBA
5	KHO KHO	COMMERCE	CHEMISTRY
6	KABADDI	COMMERCE	CHEMISTRY
7	THROW BALL	BBA	MATHS
8	TT	COMMERCE	DEFENCE

Athletics - Men

Event	First	Second	Third
100M	DINESH KUMAR VIS COM III	NETHAJI R BBA III	SELVAM P BSC PHY III
200M	DINESH KUMAR VIS COM III	AJITH E BSC MAT III	VINCENT R. DEFENCE
400M	DANNY LEON BSC PSY I	SAKTHIVEL B BCOM	RAJESH B DEFENCE
800M	POOVARASU BSC CS	SURESH RAJ DEFENCE	JAYASURIYA R BBAlII
1500M	VASANTH BSC CHEMISTRY II	SURESH RAJ DEFENCE	POOVARASU BSC CS
LONG JUMP	SAI PRASANTH A BCOM I	DINESH KUMAR VIS COM III	MURUGAN BBA III
SHOT PUT	KARTHICK BA TAMIL II	KAVI ARASU BSC PHY	NARESH BA ENGLISH
4*100R	VIS COM	DEFENCE	PHYSICS
4*400R	DEFENCE	CHEMISTRY	PSYCHOLOGY

Athletics - WOMEN

Event	First	Second	Third
100M	MYTHILI P BA ENGLISH II	SHARMILA M BSC CHE III	BOOMIKA DEFENCE
200M	MYTHILI P BA ENGLISH II	BOOMIKA DEFENCE	SHARMILA M BSC CHE III
400M	MYTHILI P BA ENGLISH II	SHALINI K DEFENCE	DHIVYA R BSC PHY III
800M	SUMITHRA V B COM II	MONISHA T BSC CHE	REVATHI R B COM
1500M	SRI LAVANYA BBA	SUMITHRA V B COM II	BAKKIYA LAKSHMI S.DEF I
LONG JUMP	POOJA M BSC PSY III	PRIYADHARSHINI G DEFE	SHARMILA M BSC CHE III
SHOT PUT	MANJU PRIYA MCOM I	SHALINI K DEFENCE	KAVIYADHARSHINI BSC CHE
4*100R	COMMERCE	CHEMISTRY	ENGLISH

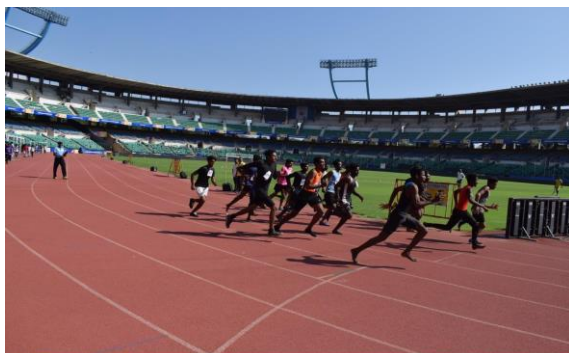
DEPARTMENT OF PHYSICAL EDUCATION

NAME OF THE EVENT : INTRAMURAL SPORTS

DATE : 22/01/2020 - 21/02/2020

EVENTS : GAMES AND SPORTS

NUMBER OF PARTICIPANTS : 620 students



INTRAMURAL RESULTS MEN – 2019 2020

S NO	GAME	WINNER	RUNNER
1	CARROM	ENGLISH	BBA
2	CHESS	DEFENSE	ECONOMICS
3	FOOTBALL	PSYCHOLOGY	HOME SCIENCE
4	CRICKET	COMMERCE	BBA
5	KHO KHO	DEFENSE	CHEMISTRY
6	KABADDI	STATISTICS	PHYSICS
7	VOLLEYBALL	TAMIL	ECONOMICS
8	TT	COMMERCE	BBA

INTRAMURAL RESULTS WOMEN – 2019 2020

S NO	GAME	WINNER	RUNNER
1	CARROM	BBA	DEFENSE
2	CHESS	ENGLISH	COM SCIENCE
3	FOOTBALL	DEFENCE	COM SCIENCE
4	TENNIKOIT	DEFENCE	BBA
5	KHO KHO	COMMERCE	CHEMISTRY
6	KABADDI	COMMERCE	CHEMISTRY
7	THROW BALL	BBA	MATHS
8	TT	COMMERCE	DEFENCE

Athletics - Men

Event	First	Second	Third
100M	DINESH KUMAR VIS COM III	NETHAJI R BBA III	SELVAM P BSC PHY III
200M-	DINESH KUMAR VIS COM III	AJITH E BSC MAT III	VINCENT R. DEFENCE
400M	DANNY LEON BSC PSY I	SAKTHIVEL B BCOM	RAJESH B DEFENCE
800M	POOVARASU BSC CS	SURESH RAJ DEFENCE	JAYASURIYA R BB AIII
1500M	VASANTH BSC CHEMISTRY II	SURESH RAJ DEFENCE	POOVARASU BSC CS
LONG JUMP	SAI PRASANTH A	DINESH KUMAR	MURUGAN

	BCOM I	VIS COM III	BBA III
SHOT PUT	KARTHICK BA TAMIL II	KAVI ARASU BSC PHY	NARESH BA ENGLISH
4*100R	VIS COM	DEFENCE	PHYSICS
4*400R	DEFENCE	CHEMISTRY	PSYCHOLOGY

Athletics WOMEN

Event	First	Second	Third
100M	MYTHILI P BA ENGLISH II	SHARMILA M BSC CHE III	BOOMIKA DEFENCE
200M	MYTHILI P BA ENGLISH II	BOOMIKA DEFENCE	SHARMILA M BSC CHE III
400M	MYTHILI P BA ENGLISH II	SHALINI K DEFENCE	DHIVYA R BSC PHY III
800M	SUMITHRA V B COM II	MONISHA T BSC CHE	REVATHI R B COM
1500M	SRI LAVANYA BBA	SUMITHRA V B COM II	BAKKIYA LAKSHMI S. DEF I
LONG JUMP	POOJA M BSC PSY III	PRIYADHARSHINI G DEFENSE	SHARMILA M BSC CHE III
SHOT PUT	MANJU PRIYA MCOM I	SHALINI K DEFENCE	KAVIYADHARSHINI BSC CHE
4*100R	COMMERCE	CHEMISTRY	ENGLISH

5. Evidence of Success

The above tables clearly show the consistent effort of the college to foster gender equity through sports. This year, due to the pandemic lockdown events were not organised. However student's continued to practice as and when the lockdown restriction was revised. The college is determined to continue to provide equal opportunities to both boys and girls in the field of sports not only to establish gender equity among the students but also pave the way for their overall well- being.

6. Problems Encountered and Resources Required

So far the college has not faced any issues in establishing gender equity though sports

BEST PRACTICE 3

1. TITLE OF THE PRACTICE: PROMOTION OF MARTIAL ARTS (SILAMBAM) AS A REINVENTED SPORT AND CHANNEL OF SELF DEFENCE

2. Objectives of the Practice

1. To preserve and promote the traditional martial art Silambam.
2. To ensure overall health and wellbeing of students through participation in silambam.
3. To encourage women students to participate in silambam as a method of self-defence .

3. The Context

Martial arts such as Silambam is a weapon based art. Earlier it was means of self defence against animal attacks in the hilly regions. However today silambam, the “mother of all martial arts” is performed during ceremonies to celebrate the rich cultural heritage of Tamil Nadu and is also now featured as a competitive sport. Interestingly, this art form provides innumerable health benefits as the moves in this art improves blood circulation, heart and mental health function besides being a delight to watch and a source of joy to the one engaged in it. It also is a great weapon of self-defence, especially for girls. Students who obtain a “Qualified Silambam Trainer Certificate” from a certified institute have an opportunity to pursue a career as trainers in schools, colleges and institutes of martial arts

4. The Practice

The college promotes the practice of this sport and martial art by identifying students who are undergoing training in martial art schools. These students are given a platform during all events conducted in the college viz., college day, sports day, cultures and pongal day celebrations to display their skills and expertise and to also awaken an interest among the fellow students to practice the same. The performance of silambam is always showcased as the “much waited highlight event” of any programme organized in the institution. This has encouraged boys and also girls especially from traditional families to enroll themselves for training in this art which is reinvented sport.

Students displaying their talent in silambam to stir and renew interest among the viewers about such Tamil folk traditions

Silambam performance on pongal celebrations to promote this martial art

<https://youtu.be/hKscKJUu-Wg>



POPULARISING SILAMBAM AMONG GIRLS - MS SATHESHWARI . K, II BBA



Evidence of Success

The display of silambam by both boys and girls for the past five years in the institution is a evidence of the consistent sustained efforts of the college to nurture and promote this traditional art and reinvented sport. The remarkable feat of Ms Sathehwari, K from the Department of BBA to have achieved the first place in the Niligirs Open Silambaatam in February, 2021 is a clear reflection of the motivation provide by the college for women students to release their dreams and to be achievers in any field including traditional art forms of self -defence

6. Problems Encountered and Resources Required

So far the college has not faced any issues due to the promotion and practice of silambam

BEST PRACITCE 4

1. TITLE OF THE PRACTICE: : PROMOTING COMMUNITY SERVICE THROUGH MULTIFARIOUS CHANNELS OF COMMUNCIATION

2. Objectives of the Practice

1. To integrate our students with our immediate neighbourhood and with the society at large so that they consider themselves servant of mankind.
2. To address the pressing issues in the society using multifarious channels of communication.
3. To help students understand that “they make a living by what they get but make a life by what they give”

3. The Context

Community Service is deeply embedded mission of Dr.Ambedkar Government Arts College, Chennai 600039. In tune with this mission, the various departments in the college take every effort to mould students into catalysts of change who will bring about a transformation in the society. The Department of Social Work, in particular, has contributed extensively towards community service and has served as a role model to inspire all students to use both hands “one to help yourself and one to help others.

Despite the phenomenal reforms observed in recent times due to urbanisation and globalisation it the disheartening to observe the existence of social taboos in the city as well as in the neighbourhood. Besides, there is an apparent need to create awareness about dangers of substance abuse, the importance of preserving the environment, protecting the girl child, providing safety and security to citizens, especially women among other social concerns. Hence extension programmes are the need of the hour to sensitize people about problems and concerns in the society. The channel used for information transfer is very important for the success of any community welfare programme. Hence, the Department of Social Work has taken keen interest to identify, practice and promote multifarious techniques that spread messages of social relevance in a meaningful and effective way

4. The Practice

A. MULTIFARIOUS TECHNIQUES USED FOR COMMUNITY SERVICE

PARAI – FOLK ART



OYILLATTAM



STREET PLAYS



STREET PLAY TRAINING



PUPPETRY



MIME AND FACE PAINTING



5. SHORT FILM MAKING OR DOCUMENTARY

The AMAVASA MOVIE was created by the Students of Social Work

MOVIE LINK : <https://www.youtube.com/watch?v=QPOFSNP39-c&feature=youtu.be>



Short film and document making MOVIE SCREENING (SOCIAL RELATED ISSUES)



COMMUNITY SERVICE CARRIED OUT USING THESE MULTIFARIOUS TECHNIQUES

Department of social work organized various events in the academic year of 2020-2021

Awareness Programmes through street play:

1. The students performed street play on “**Plastic awareness**” in Pattabiram on January 14, 2021.
2. Another street play was performed on “National Girl Child Day at “Puratchi Thalaivar Dr. M.G.R. Bus Terminus (CMBT) on Jan 24 2021 to **Stress the importance of protecting the rights of the girl child.**

3. Oyilataam and street play on “National Girl Child Day “was performed by the students at Kannigapuram on January 26, 2021 to **Stress the importance the girl child.**
4. MSW students performed street play on **“Rainwater Harvesting “**in Thirukalukundrom on February 1, 2021
5. Street play was performed for world record done by the Sen Academy Cuddalore and kalvicholai through online platform for Women’s Day on March 8, 2021. The programme highlighted that **The development of a society depends on the freedom and respect given to women.**

The consistency in the usage of these multifarious methods was also observed in 2019-2020 where extension activities were carried out to address the following issues

Awareness Street play on “Child Protection”

On August 3rd 2019, Social Work Department Students conducted a Street Play in Creating awareness among public **“To stop Violence Against Children”** at Elliot’s Beach on the Child Protection Day organized by Chennai Police Commissioner Department

Awareness on save Water and Mobile Phone Addiction:

On August 7th 2019, Social Work students organized a street play among our college students in creating awareness on the **“Ill Effects Of Mobile Addiction And Save Water”** in one street Play called “Entha Kanamey” – I lost my thing”

Awareness on Suicide Prevention Day

On September 10th 2019, Social work students observed **World Suicide Prevention Day** and did a Street play at Savetha Medical College. An Awareness Song, Puppetry, Oyilattam(Folk Dance) and Paraiattam(Parai Dance) were used in creating awareness on Suicide Prevention Day.

Awareness on Rehabilitation for the Destitute old aged persons and mentally Challenged Persons among Public:

On September 10th 2019 students of MSW created awareness on Rehabilitation Schemes of Chennai Corporation for the Destitute through Karuanlaya Organization Chennai at Central Railway Station.

Awareness on the importance of Child Rights and Child Line

On 17th & 20th of November 2019, Social Work Department Students did a street play at Villivakkam Railway station in Collaboration with Child Line and Myrtle Social Welfare Organization in creating awareness among public.

Awareness on Avoid one time Usage Plastics and Plastic Usage

Awareness on Plastic Usage through street plays in the following places were organized by Social Work students

1. November 27th – Thiruvottiyur Corporation Middle School
2. December 5th – thiruvottriyur Chennai Corporation School
3. December 11th – Ernavur Chennai Corporation Middle School
4. January 8th – Ennore Thazamkuppam Community




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